



YOUR FIRST READING PRACTICA —

WHAT TO EXPECT

BEFORE THE READING PRACTICA

GETTING ON TO THE CALL

Register for each reading that you want to attend via the links from BPI emails or by using [this page](#).

Have the [psychic reading worksheet](#) available for reference.

Call the numbers from your Maestro Conference reminder email.

You will hear music playing—stay on the line until the top of the hour.

If you don't hear a staff moderator at the top of the hour, you might have entered an incorrect pin number—hang up and call back in.

DURING THE READING PRACTICA

You will be guided through an opening meditation.

Then you will be assigned to a room where you will be side chair and a more advanced Enlightenment student will be the center chair.

Please tell your center chair that you are a new student and that you haven't done any readings. *This way, they will know to be extra supportive and helpful.*

Your center chair will lead you through another mini-meditation to set the energy for the reading.

Once your readee arrives, your center chair will make reading assignments.

E.g., so-and-so will do the rose reading, or so-and-so will do the past life reading.

As long as you remember to tell your center chair that this is your first reading, you won't be assigned the rose reading. This will give you some time to blow some roses and get a bit more comfortable before it's time for you to speak.

You can also listen to the more advanced student(s) doing the rose reading and learn from them.

When it's your turn to read, do the best you can. Follow the lead of your center chair and have fun!

Remember, reading is for you—relax and go easy on yourself.

BROWN BREAK

About half way through the reading, a staff moderator will come into your reading room to give you a brown break and help you reset your energy.

Don't worry—you will be guided by the staff moderator each step of the way. Just follow along and you will feel refreshed and ready to finish the second half of the reading.

Q&A

Once you and your peers have completed the psychic reading worksheet, the center chair will ask if the readee has any questions.

They can ask about what you said during the reading or they might ask life questions about career, relationships, health, etc.

Do the best you can to answer the questions. At some point in the Enlightenment Program, you will have a class on how to answer questions during a reading—you will gain more clarity then.



CLOSE YOUR EYES TO OPEN YOUR THIRD EYE

Please try to keep your eyes closed as much as possible during the reading.

Only open your eyes when you need to reference the psychic reading worksheet.

Keeping your eyes closed will help you to develop your 3rd eye—when you cut off one sense (your visual sense) another sense will heighten (your 6th sense).

A FEW PRO TIPS!

We can't wait to see you at the reading practica!

It won't take you long before you are feeling confident and at ease!!

Please know that we can't teach you everything before you start your reading practica—we need you to gain some experience, so that when we teach you ways to enhance your reading skills, you will have a place to store it in your associative mind.

Once the Q&A is complete, your readee will hang up or a staff moderator will collect them up to answer their questions about the BPI.

The center chair will guide you through a short clean-out meditation and you'll have time to debrief about the reading.

Lastly, the moderator will bring everyone back to the main space for celebrations and a closing meditation.

Staying for the Q&A at the end is optional.

WHEN SOMEONE ELSE IS TALKING

Check in with your psychic tools—grounding cord, aura, protection rose, gold suns, and blowing matching pictures.

Try not to think of what you are going to say when it's your turn.

Look at your reading screen to see if you imagine something similar to what your peer is saying.

Be in present time and listen to your peers. This is how you will get your validation as a psychic and you will learn a lot too.